**Psychology – Summer 2025 Bridging Work**

In order to help you hit the ground running, please complete the attached course as an introduction to Psychology A-Level.

It should only take you between 1 – 2 hours and provides with an overview of the courses as well as outlining some of the key skills you will need. Scan the QR code on the right to be taken to the tutor 2 u web page.

[Introduction to AQA A-Level Psychology Getting Started | tutor2u](https://ondemand.tutor2u.net/students/introduction-to-aqa-a-level-psychology)

**What equipment do I need for my lessons?**

* A4 Ring binder
* File Dividers
* Textbook –
	+ Year 1: [The Complete Companions: AQA Psychology A Level: Year 1 and AS Student Book (Complete Companions Fifth Edition for AQA): Amazon.co.uk: Cardwell, Mike, Flanagan, Cara: 9780198436324: Books](https://www.amazon.co.uk/Complete-Companions-AQA-Level-Psychology/dp/0198436327/ref%3Dasc_df_0198436327/?tag=googshopuk-21&linkCode=df0&hvadid=310973726618&hvpos=&hvnetw=g&hvrand=18059318596646688466&hvpone=&hvptwo=&hvqmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=1006950&hvtargid=pla-564142735199&psc=1&th=1&psc=1)
	+ Year 2: [The Complete Companions: AQA Psychology A Level: Year 2 Student Book (Complete Companions Fifth Edition for AQA): Amazon.co.uk: Flanagan, Cara, Cardwell, Mike: 9780198436331: Books](https://www.amazon.co.uk/Complete-Companions-AQA-Level-Psychology/dp/0198436335/ref%3Dasc_df_0198436335/?tag=googshopuk-21&linkCode=df0&hvadid=310805565966&hvpos=&hvnetw=g&hvrand=16450137859312605433&hvpone=&hvptwo=&hvqmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=1006950&hvtargid=pla-615116478853&psc=1&th=1&psc=1)
* Stationery – highlighters, pens, pencils, rulers, glue stick, scissors
* Calculator
* *Hole punch/stapler*

**Psychology Reading List:**

**Psychology:**

**Things to read to spark curiosity:**

* ‘The Brain’ by David Eagleman gives an excellent introduction and extension to many of the topics covered on the course.
* ‘Reaching Down the Rabbit Hole’ by Dr Allan Ropper – Biopsychology and Psychopathology
* ‘The Man Who Mistook His Wife For A Hat’ by Oliver Sacks – Psychopathology and Neurological disorders
* ‘The Happiness Hypothesis’ by Jonathan Haidt – Psychological Wellbeing
* ‘The Little Book of Psychology’ by Emily Ralls – All the best bits of Psychology
* ‘The Lucifer Effect’ by Phillip Zimbardo – Social Influence (Obedience)
* ‘The Psychopath Test’ by John Ronson – Psychopathology

**Things to watch:**

* ’12 Angry Men’ – Social Influence (Conformity)
* ‘The Wave’ – Social Influence (Conformity and Obedience)
* ‘The Experimenter’ – Social Influence (Obedience)
* ‘A Beautiful Mind’ – Psychopathology and Schizophrenia
* ‘One Flew Over the Cuckoo’s Nest’ – Psychopathology and Schizophrenia
* ‘Dangerous Methods’ – Approaches (Psychodynamic Approach)
* ‘Shutter Island’ – Psychopathology and Schizophrenia
* ‘The Notebook’ – Memory
* ’50 First Dates’ – Memory
* ‘Three Identical Strangers’– Issues & Debates (Nature vs Nurture?)